

## 2001 California Dietary Practices Survey

### Cross Tab 31: Servings of Fruits and Vegetables, Heard Recommended and Think Should Eat, by Servings of Fruits and Vegetables Eaten

Questions: Did you have any fruit, vegetables, salad, or juice yesterday?

Have you heard of any recommendations on the total number of servings of fruits and vegetables you should eat every day for good health? What was the number of servings recommended?

How many total servings of fruits and vegetables do you think you should eat every day for good health? That's a combined total of both fruits and vegetables.

Servings of Fruits and Vegetables Eaten	Servings of Fruits and Vegetables Heard Recommended				Servings of Fruits and Vegetables Think Should Eat			
	0-2	3-4	5+		0-2	3-4	5+	
0	13	12	6	***	12	11	7	***
1 to 2	26	25	19		37	32	17	
3 to 4	36	32	29		29	29	31	
5+	25	32	46		22	27	46	

A box around a group of numbers signifies that differences observed within this group are statistically significant (Chi Square Test)

\*\*\* p<.001